



Westerville Quilt Guild NEWS

Volume 22, No 8 — August 2026



August 25, 2026

Shannon Bartlett & Lisa Smith — Presidents - of - the - Month Kawandi, The Ultimate "QAYG!"

The topic...drum roll, please... KAWANDI - the ultimate QAYG! Straight from a class with Kawandi quilt artist Sujata Shah, we are ready to share our newly acquired knowledge.

After explaining what Kawandi is, we will show how these unique handmade quilts are created. We will also touch on the history and heritage of the Siddi peoples as well as how quilt artists are employing the Kawandi style in their works today. Don't miss this opportunity to learn a stress free, mostly mindless quilting technique. Kawandi is a great way to destash and practice embroidery.



SOCIAL TIME - Meet and Greet - Arrive Early When You Can...

Start gathering around 6:30. Greet friends & MEET new members. **Members:** This month make sure you find someone you would like to know better, a new member or guest, and introduce yourself. **New Members/Guests:** If you are a new member/guest, approach someone you don't know and introduce yourself. Learn a little about the other person and share a bit about yourself! We are a friendly bunch!

We meet on the 4th Tuesday of each month, 6:30 pm Social Time, 7:00 p.m. Meeting, at St. Paul Lutheran Church, 4686 East Walnut Street, Westerville, OH 43081, Web Site: <http://www.WestervilleQuiltGuild.com>, E-mail: westervillequiltguild@gmail.com

Fun With Fabric 2026

Daytime Workshop Meeting!

As you probably saw from the Facebook posts, our workdays have been most productive.

And we have a fun time too!

Held on the 2nd Tuesday of each month, 1-4 pm. Please join us!

FWF Challenges 2026

OHIO STAR

OhioQuilts!, a statewide quilt guild, issued a challenge for Ohio Star quilts. Quilts can be any size but must include at least one Ohio Star Block. **Quilts due at September meeting.**

FWF Challenges 2026

TEMPERATURE QUILT

A temperature quilt uses quilt blocks over the course of a year (or however long you want) to track the high and low temperatures of each day in a given location. **Quilts due at February 2027 meeting.**



AMERICA 250 CELEBRATION BOM



America 250 celebration BOM month theme blocks

JAN — Ohio Firsts — Ohio Star

FEB — Ohio Works — Monkey Wrench

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2026 Program Sneak Peek



August 25 - Kawandi - Shannon Bartlett & Lisa Smith

September 22 - String Quilts - Judy Theil

October 27 - Sashiko, Japanese Art of Stitching - Christina Sidebottom

November 17 - Janice Baer, Jeff Bretthauer, & Connie Gelfer — Annual Holiday Party



Though the weather hasn't been cooperating, we are celebrating summer harvest for the August basket. The Fresh Picked theme includes

fabrics, patterns, notions, and of course...candy! \$1 per chance or 6 for \$5. Remember, you can't win if you don't play!

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MAR — Ohio Entertains — Arts Square

APR — Ohio Moves — Propeller

MAY — Ohio Creates — Flights of Fancy

JUN — Ohio Outdoors — Ohio Trails

JUL — Ohio Gathers — Picnic Basket

AUG — Ohio Goes to the Fair — State Fair

SEP — Ohio Plays — Pinwheel Variations

OCT — Ohio Grows — Corn and Beans

NOV — Ohio Serves — Sawtooth Star

DEC — Future Ohio — Bright Hopes



For more information on America 250 Ohio go to <https://tka.1c9.myftpupload.com/2026-celebration-themes/>



Save the dates: AQS Quilt Show - Columbus - September 23-26, 2026

<https://www.americanquilter.com/quiltweek/show/columbus-2026/>

There may be volunteer opportunities for our members, stay tuned.

Save these Dates:

Instructor announcements: April 2026

Workshops, Lectures, Special Events, and Multi-Day Tickets:

Early Member Registration Opens: 6/9/2026 at 10 a.m.

General Registration Opens: 6/23/26 at 10 a.m.

Online Registration Closes: 9/21/2026 at 5 p.m.

Secret Sisters

Please remember your Sister this month. If you are not going to be at guild, please find someone else to bring your gift. Thanks!



Queen Bee

Please remember to bring this month's block to the meeting.

If you missed last month, look at our text group to get the pattern. Thank you!



Cincinnati, OH (Sharonville)

Sharonville Convention Center

October 15, 16, & 17, 2026

Exhibit Hall Hours:

Thurs. & Fri. 10am-5:30pm

Sat. 10am-5:00pm

2026 Committees

Executive Committee

Janice Baer
Shannon Bartlett
Jeff Bretthauer
Beth Gabel
Becky Lance
Kathy Strohm (Treasurer)
Lisa Smith (Newsletter & Website)

Hospitality:

Becky Lance

Fun with Fabric & Service:

Shannon Bartlett
DeeAnn Haworth
Lisa Smith

Keeper of the WQG Quilts & Scrapbooks:

Shannon Bartlett, Scrapbooks
Quilts at St. Paul's

Membership:

Janice Baer
Kathy Warden

Newsletter/Website/Social Media:

Lisa Smith
Janice Baer
Judy Theil

Monthly Opportunity Basket:

Shannon Bartlett

Sunshine Committee:

Christina Sidebottom

Take Down or Put Away Things

Christina Sidebottom



Westerville Quilt Guild

Sunshine Committee

If you know of a member who is sick, has had surgery, or has had a death in the family, please contact **Christina Sidebottom** who will send a card. E-mail: o-side@att.net, telephone: 614-208-2857 (cell).



August 25th is National Banana Split Day!

Today is a day that you can go ape over. It's a very ape-peeling day. This August 25 holiday is called National Banana Split Day!!

The Banana Split was first invented in Latrobe, Pennsylvania in 1904. David "Doc" Strickler worked scooping ice cream at Tassell's Pharmacy. On August 25, 1904, a customer walked into the store and asked Strickler to make something different and unique. Bananas were recently introduced into the U.S. market. So, Strickler grabbed a banana, cut it lengthwise, and placed it in a bowl. Then, he added ice cream on top of the bananas. Finally, he placed toppings on the ice cream. And, the banana split was born!

The banana split quickly caught on with students from local Saint Vincent College, and from there, its popularity spread. Walgreens gets recognition for spreading the banana split across the nation when they added it to their soda fountain menu.

Today, Banana splits are a standard item on the menu of just about anywhere ice cream is sold around the country. It became so popular, that there was a television show for kids called "The Banana Split Adventure Hour". It aired from 1968 - 1970.

Did You Know? Banana Splits have 850 - 1500 delicious calories, and about 95 great-tasting carbs. I guess we will all get back to our diets tomorrow.

You will absolutely love to know that the best way to celebrate this sweet, carb-filled holiday, is to enjoy a banana split. It's as simple as that!

For the Record

According to The Guinness World Book of Records, the world's largest banana split was made at the Feast of the Senses in Innisfail, Queensland, Australia on March 25, 2017. It was 26,377 feet 11.4 inches long. It included 40,000 bananas, 2,500 liters of ice cream, and 2,000 liters of topping. This banana split broke a 29-year record.

Nutritional Value of Bananas

Like other fruits, bananas are good for you. 1 medium banana contains approximately:
105 calories, 27 g carbs, 0 cholesterol, 0.4 g fat, 3.1 g fiber, 1.3 g protein, 1 mg sodium

Of course, the nutritional values above are just for the banana. Depending upon the size and toppings, a banana split averages about 500 to 1,000 calories.

The Original Banana Split Recipe

One banana, split in half lengthwise.

A scoop each of vanilla, chocolate, and strawberry ice cream.

Top the ice cream with marshmallow, pineapple slices, crushed nuts, cherries, and sweet sugar syrup.

The original recipe did not include whipped cream or a cherry on top. You can add it, if desired.

Importantly, it should be served in a long, banana-shaped bowl called a "boat", if possible.

From: <https://www.holidayinsights.com/moreholidays/august/national-banana-split-day.htm>

Newsletter Information

Newsletter submissions should be sent as an attachment or typed in the body of an email to the following email address: westervillequiltguild@gmail.com. The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All items submitted to the Newsletter need to be in by the 2nd Tuesday of the month. If you have any questions or suggestions, contact [Lisa Smith](#), WQG Newsletter Editor.