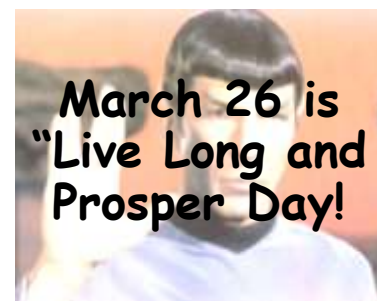




Westerville Quilt Guild

# NEWS

Volume 20, No 3 — March 2024



March 26 is  
"Live Long and  
Prosper Day!"

March 26, 2024

## Judy O'Shaughnessy & Ida Dillard — Presidents - of - the - Month The 4th Trimester

The Guest Speaker this month is Elise Byers. Elise has spent a career in serving the obstetric population but her heart really belongs to the at risk population - 4th Trimester.



4th Trimester is a program run through Ohio State Obstetrics for families of newborns. The program follows at risk families providing services, clothing, diapers, bibs, receiving blankets and quilts for children.

We'll take some time after Elise's presentation to share ideas, patterns and discuss best ways to support this group.



### Sign Up to be President - of - the - Month!

Do you have a technique you love that you can share with the guild? Or have a fun little project that could be a group "make-it and take-it"? Anything that you (or you and your gang) can share with the group is what we need! Sign-up sheets will be available at the meeting! It's easy!



### SOCIAL TIME - Meet and Greet - Arrive Early When You Can...

Start gathering around 6:30. Greet friends & MEET new members. **Members:** This month make sure you find someone you would like to know better, a new member or guest, and introduce yourself. **New Members/Guests:** If you are a new member/guest, approach someone you don't know and introduce yourself. Learn a little about the other person and share a bit about yourself! We are a friendly bunch!

We meet on the 4th Tuesday of each month, 6:30 pm Social Time, 7:00 p.m. Meeting, at St. Paul Lutheran Church, 4686 East Walnut Street, Westerville, OH 43081, Web Site: <http://www.WestervilleQuiltGuild.com>, E-mail: [westervillequiltguild@gmail.com](mailto:westervillequiltguild@gmail.com)

# Fun With Fabric 2024

## Challenges

**Scavenger Hunt** - Projects due at November Meeting

Make a quilt (or quilted object) including at least one item from each of the eight categories listed below. How you accomplish this is open to block name, quilting motif, applique, embellishments, your imagination. The more the merrier. There will be a prize for the person who includes the most items.



**Pin Ups** - Projects due at April Meeting  
Display for Quilty Pins: sash, hat, wall hanging, stuffed animal, etc.

Make something to display all of the quilt pins you have collected over the years. Can be anything that will display pins; a small wall quilt, a hat, a sash.

**Olympic Challenge** - make a quilted object using at least the colors of the Olympic Rings: red, yellow blue, black, green. Use at least three colors from the Olympic Rings. Other colors can be added but the major colors of the quilts should be inspired by the Olympic Rings.




**Join in with the Canadian Quilters Association - 2024 Mystery Quilt Along - Oatmeal Raisin.**

New clues appear the third Friday of each month through June 2024. We will attach the most recent clues in the monthly WQG Newsletter. Projects due at January 2025 Meeting.

Contact [Shannon Bartlett](#) with any questions.

WINTER	FALL	SPRING	HOUSEHOLD
snowman	moon	flower	sewing notion/tool
snowflake	school	umbrella	fork
mitten	leaf	mortar-board	spoon
Log cabin	sweater	bell(s)	coffee / tea pot
boots	tree	flower pot	cup/mug
shovel	pumpkin	basket	door
fire/ fireplace	crow/raven	cleaning item	window
quilt	corn	children	small appliance
ice	football	grass	phone
thermometer	buckeye	bird nest	lamp

LIVING THINGS	SHAPES	FOOD	SUMMER
cat	circle	cake	shell
dog	triangle	fruit	sandcastle
rabbit	heart	candy	beach ball
bee	diamond	hot dog	firecracker
dragonfly	spade	turkey leg	baseball
ladybug	club	ice cream	sun
fish	zig zag	popsicle	tent
tiger	star	pie	swimming suit
horse	hexagon	bread	sunglasses
deer	cube	cheese	beach umbrella



March's basket is *Mini Me!* It includes many miniature themed items. Goodies include: a fat quarter bundle, pattern book, buttons, etc.

Tickets are \$1 each or 6 for \$5. Don't forget, you can't win if you don't play.



**Westerville Quilt Guild**  
**Sunshine Committee**

If you know of a member who is sick, has had surgery, or has had a death in the family, please contact **Christina Sidebottom** who will send a card. E-mail: [outside@att.net](mailto:outside@att.net), telephone: 614-895-9820 (home) / 614-208-2857 (cell).



## QUEEN BEE BLOCK PARTY 2024

The 2024 Queen Bee Block Party has begun. Members will be receiving an email with the dates and other information. There is still time to sign up!

February — Jayne Godsey — due March

March — Charity Block — due April



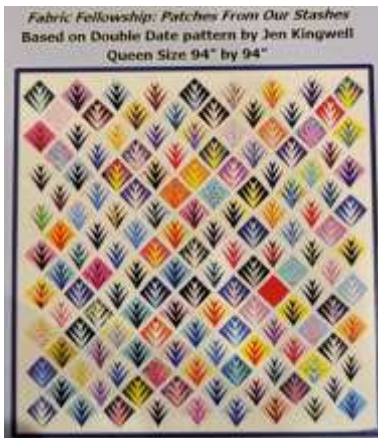
## Fat Quarter Frenzy 2024

March — Stripes or geometrics

April — Watery or leafy prints

May — Flowers

June — Autumn or Halloween - let's get a head start!



## Sunbury Piece Corp Quilt Show

Saturday April 20, 2024, 9 am—3 pm

Sunbury United Methodist Church

100 W Cherry St Sunbury, OH 43074

Members of the quilt group display their complete quilts and small projects. Vendors and demos are available. Boutique (new) items can be purchased as well as items from our Granny's attic (resale).

## 2024 Program Sneak Peek



March 26 — "The Fourth Trimester" - Judy O'Shaughnessy & Ida Dillard

April 23 —

May 28 —

June 25 — Picnic — Judy Burden

July 23 — Ice Dyeing — Shannon Bartlett & Janice Baer

August 27 — ??? Surprise - Connie Gelfer

September 24 — ??? Surprise - Liz Thorton, Sherie Legendyk

October 22 —

December 3 — Holiday Party

*This is the first Tuesday after Thanksgiving.*



## Literary Quilting Event April

Jennifer Chiaverini, who wrote the Elm Creek Quilt Novels (she had taken several years off to write historical novels) will publish another quilt novel coming out in April, *The Museum of Lost Quilts*. In addition, she will be doing a book tour and will be in central Ohio!

Wednesday, May 8, 2024 7:00 pm  
Gramercy Books, 2424 E. Main Street,  
Bexley, Ohio 43209

For ticket information, [click here](#).

If you purchase of her new book it will void the \$10.00 registration fee.

## 2024 Committees

### Executive Committee

Becky Lance  
Beth Gabel  
Connie Gelfer  
Jeff Bretthauer  
Ruthie Hoover  
Sue Meek (also Treasurer)  
*Treasurer, Newsletter & Website, Social Media*

### Hospitality:

Kathy Strohm  
Kathy Warden  
Jo Anne Guthrie

### Fun with Fabric:

Shannon Bartlett  
Lisa Smith

### Keeper of the WQG Quilts & Scrapbooks:

Susan Edwards

### Membership:

Janice Baer  
Karen Heath

### Newsletter/Website/Social Media:

Lisa Smith  
Janice Baer  
Judy Theil

### Publicity:

Sue Meek

### Monthly Opportunity Basket:

Shannon Bartlett

### Service Committee:

Jeff Bretthauer

### Sunshine Committee:

Christina Sidebottom

### Workshops/Retreats/Trips:

*NO ONE*

### Fat Quarter Raffle

Ruthie Hoover

### Take Down or Put Away Things

Christina Sidebottom



## Live Long and Prosper Day — March 26

"Live Long and Prosper" is a saying from Science Officer and First Officer Spock, a Vulcan aboard the Starship

Enterprise on the television series Star Trek. It is derived from the ancient Vulcan blessing: "May you live long and prosper". Live Long and Prosper Day, celebrated annually on Leonard Nimoy's birthday of March 26th, encourages you to contemplate the Vulcan blessing and see how it might apply to your life.

How might you apply "Live long and prosper" to your life and those you love? This day encourages us to think about this particular saying, and how we can make our lives happier, healthier, and more prosperous. Matt McCarthy, the creator of this day, encourages us to focus on ways to live longer and prosper. McCarthy suggests we accomplish this through better food and diet, increased exercise, reading, relaxation, finding ways to save money, and volunteering.

As I'm sure you know, Spock was played by actor Leonard Nimoy. His full Vulcan name is S'chn T'gai Spock. While we refer to him as a Vulcan, he is half Vulcan and half human. Spock's Vulcan father is Ambassador Sarek. His mother is Amanda Grayson.

### **How to Celebrate Live Long and Prosper Day**

Join a gym or health club.  
Start daily walks or runs.  
Improve your diet.  
Eliminate stress in your life.  
Work on your mental health, too.

From: <https://www.holidayinsights.com/moreholidays/march/live-long-prosper-day.htm>

## Newsletter Information

Newsletter submissions should be sent as an attachment or typed in the body of an email to the following email address: [westervillequiltguild@gmail.com](mailto:westervillequiltguild@gmail.com). The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All items submitted to the Newsletter need to be in by the 2nd Tuesday of the month. If you have any questions or suggestions, contact [Lisa Smith](#), WQG Newsletter Editor.