



Westerville Quilt Guild

NEWS

Volume 11, No 6 — June 2015



June is Alzheimer's Awareness Month.

June 23, 2015

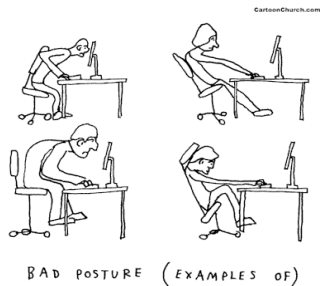
Abby Miller, President-of-the-Month

Barb Kelly

NQA Staff Writer

Ergonomics for Quilters

Barb Kelly, National Quilting Association (NQA) writer, quilter, and Westerville resident will help our guild members consider the ergonomics of their sewing and quilting practices.



A real pain in the neck/shoulders/back may be due to our cutting station, sewing chair, or machine table! By implementing Barb's tips, quality will certainly improve when our work space is properly set up and the right tools are used.

Ergonomics (or human factors) is the scientific discipline concerned with the understanding of interactions among humans and other elements of a system, and the profession that applies theory, principles, data and methods to design in order to optimize human well-being and overall system performance.

Definition and Domains of ergonomics | International Ergonomics Association (IEA) Website. (n.d.). Retrieved June 16, 2015, from <http://www.iea.cc/whats/index.html>



SOCIAL TIME - Meet and Greet - Arrive Early When You Can...

Start gathering around 6:30. Greet friends & MEET new members. **Members:** This month make sure you find someone who you don't know so well, or a new member or guest you haven't met and introduce yourself. **New Members/Guests:** If you are a new member/guest, approach someone you don't know and introduce yourself. Learn a tad about the other person and share a bit about yourself! We are a friendly bunch!

We meet on the 4th Tuesday of each month, 6:30 pm Social Time, 7:00 p.m. Meeting, at The Westerville American Legion Hall, 393 East College Avenue, Westerville, OH 43081, Web Site: <http://www.WestervilleQuiltGuild.com>, E-mail: info@westervillequiltguild.com



Tickets for the "English Garden" Raffle Basket will be on sale at the beginning of the meeting and during the meeting. The drawing will be at the end of the meeting. Tickets are \$1 or 6 for \$5.

2015 Program Sneak Peek



July 28

Jeff Bretthauer, Marcey Arter, & Janice Baer, Presidents-of-the-Month
Annual Picnic Meeting - Orphan Blocks

August 25

Ruthie Hoover & Christina Sidebottom, Presidents-of-the-Month
Rebecca Odom, Textile Curator, Ohio History Connection

Service Committee

Last month we turned in 57 pillowcases. Can we beat that for an all-time high?? Let's see what we can pull from our stashes. Perhaps red, white and blue for July celebrations?? All cases are appreciated by the Columbus coordinator... Laura Calhoun.

Fidget quilts... are due at the June meeting. Let's see how many different designs and textures can be turned into a quilt. Kristen Keyser from the Columbus Alzheimer's group will be at our meeting to receive the quilts. This could be another ongoing project for our members.

All participants will have their names placed in a hat for a drawing.

Challenge to Members: Can we Beat QQ?

Quintessential Quilters have turned in 40 Fidget Quilts to the Alzheimer's Association! Can we beat them? How about it?

Pillowcase Count Update:

2014 Total = 131

2015 Total = 227 ★ ★ ★

Way to Go WQG!!

Fat Quarter Raffle

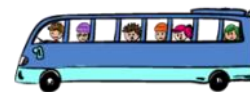
Don't forget to bring your Fat Quarters if you want to participate in this month's Raffle drawing! This month's theme is sunshine and flowers. Limit 5 FQ's, please!



Alzheimer's is the only cause of death in the top 10 that cannot be prevented, cured, or slowed.

Bus Trip - July 30, 2015

The bus trip to Nancy Crow Studios, Quilt National '15, and Nelsonville Quilt Company has sold out and a waiting list has formed! At the May and June meetings, bus trip riders will preselect their lunch choices from the menu developed just for the event by the Ohio University Inn!



2015 Programs

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Connection

September 22

Shannon Bartlett and Lisa Smith, Presidents-of-
the-Month
AnneMarie Chany, *genxquilters*

October 27

Susan Edwards, President-of-the-Month
Indian Hatchet Block

December 1

Pat Beeman, Jayne Godsey, DeeAnn Haworth, &
Vicki Melvin, Presidents-of-the-Month
Annual Holiday Meeting



Westerville Quilt Guild Sunshine Committee

If you know of a member who
is sick, has had surgery, or has
had a death in
the family, please contact **Christina Sidebottom**
who will send a card.
E-mail: o-side@att.net, telephone: 614-895-
9820 (home) / 614-208-2857 (cell).



Charm Squares 2015

A great way to expand your stash!

This year's themes are going to revolve around na-
ture and activities relating to that month.
Squares are 6 x 6 of quilt shop quality fabric.

June — *Brides and Grooms*

Black and White Prints

July — *Our Great Nation* — Patriotic Prints

August — *Harvest* — Farms and Gardens

September — *Back to School* — Apples, Children

October — *Black Cats and Scary Bats!*

Leaves, Pumpkins, Turkeys, Oranges,
Browns and Reds.

November — *Days are getting shorter*

Metallic Prints/ Glittery/Shiny.

If you would like to participate this year, please
e-mail or text Abby Miller at:
gabriel83@columbus.rr.com or (614) 783-5470.



**Mr. Frog Wants to
Remind You:
Wear Your Name Tags or
Pay the Penalty!**

Newsletter Information

Newsletter submissions should be sent as an attachment or typed in the body of an email to the following email address:
Newsletter@westervillequiltguild.com. The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All
items submitted to the Newsletter need to be in by the 2nd Tuesday of the month. If you know of a member that does not
have access to email, please give them a copy of the newsletter.